

Making the Mexico Move: Adjusting to a New Culture, Food, Language, and Lifestyle

At the moment, at least [1.5 million Americans](#) are residents of the country we once thought was going to pay for the wall. In fact, people are moving to Mexico in [record numbers](#). As of now, [more Americans are moving](#) to Mexico than there are Mexicans moving to the States!

And Why is That?

The reasons behind this mass exodus are several. The leading ones being a lack of affordable housing in the US—whereas real estate in Mexico falls well within the means of most Americans. This problem is not alien to people in Arizona—only an hour from Mexico. With rents averaging \$900, more and more Americans are now looking for affordable housing across the border.

Moreover, the bad economic state of affairs, coupled with government moves that help big businesses more than regular folk, have led many Americans to feel like it's [illegal to be poor](#).

Other reasons that prompt people to make the move are:

- **Proximity:** It's close to the US. Even after moving, you can visit friends and family without having to worry about hefty airline tickets.
- **Low costs:** Living in Mexico isn't as expensive as living in the States is, especially if you're considering amenities and utilities.
- **You're Familiar with the Culture:** Since Mexican food and media are already a big part of the US—we all love Chipotle and avocado, don't we?—adjusting to Mexico's culture doesn't take a lot of time. And with the use of [English on the rise](#) among Latin speakers, the language barrier isn't that big of a problem either.
- **Healthcare:** Public healthcare systems, which are managed by the government, provide quality healthcare along with several private institutions. In fact, one of the biggest reasons why Americans go to Mexico is [routine health checkups](#).

Expat Havens: Adjusting in a New Country

Apart from the healthcare facilities and amenities, Mexico is also home to several expat havens that are spread across the country; that is to say that these areas are home to many Americans. Puerto Vallarta, Lake Chapala, and Guanajuato are just a few examples.

These havens can be of great help if you feel anxious about making the move and mingling with new people.

However, even if you don't make it to an expat haven, it helps to know that the Mexican residents are very friendly for the most part. The locals will be happy to answer any questions you have. Mexico is, after all, one of the most [welcoming and friendliest countries](#) in the world.

It is advisable to learn some Spanish, however. Learning the language allow for better communication, and will also help you assimilate. Besides, you should make an attempt to learn the language in a place you plan to live out the remainder of your days in.

Cost of Living

We're guessing you probably have some idea of how affordable Mexico is—but how affordable is it really? Will it allow you to maximize your remaining funds if you retire there?

As with any other country, some cities are decidedly more expensive than others. These include Cancun, Guadalajara, and Los Cabos. But there are also those that are great for the spendthrift, such as Tepic, Tlaxcala, and Guanajuato—which is also an expat haven.

Average living costs on a monthly basis are around 18,000 peso—that is, 731 USD.

And while we assume you'll be using your retirement savings or a pension, it's also easy to [find jobs](#) in Mexico as an expat—especially as an English speaking expat in peak tourism season.

[Housing](#), too, is very affordable—and *extremely* affordable if you're comparing it to prices back home. Just know that the slightly more expensive cities and houses by the beach are going to cost more.

When it comes to [transportation](#), you have multiple options. All major cities have infrastructure that allows for effective modes of transportation—with decently-built roads and highways. No matter where you are—major city or not—there's always a cheap way to travel. A liter of gas, for example, costs only 15 peso—or 0.61 USD.

Finally, Mexico's airports can take you to any of the world's leading destinations, in the event you're concerned about global travel for business or other purposes.

Investment Opportunities

While investing your money in a country you just moved to might sound like a big decision, it's one you should be considering—if you know where you can do so easily and safely, of course.

One of these avenues is real estate.

Here are some reasons why people invest in Mexican real estate:

Perhaps the biggest reason you should consider investing in Mexico is that the American dollar has superiority here. Better rates mean you can get a better bargain. Some other reasons include:

- The real estate value isn't expected to deprecate much
- The infrastructure is well-developed and modern, contrary to popular belief
- You will get value and returns on your investment
- Getting residency in Mexico doesn't take as long as it does in other places

Moreover, Mexico is also a popular tourist spot, with several destinations that are frequented by people from around the world. Your investment in real estate can bring in great yearly profits if your plans include renting out places to tourists and so on.

If you're interested in Southeast Mexico in particular, we'd suggest you check out SIMCA Developments. [SIMCA Developments](#) is known as one of the leading property developers in the region. The southeast is particularly popular for its [sunny beaches and sandy shores](#)—not to mention the amazing food.

The Final Word

The benefits of moving to Mexico—its cost of living, its food and culture, investment opportunities, safety, healthcare—are too good not to be considered. Combined with easy visa and residency procedures, and you have a viable, comfortable, affordable future in this beautiful country.

If you're interested in finding out more about [real estate investment opportunities](#) or about [property purchase potential](#) in Mexico, Escape Artist is happy to help. You can dig deeper by reading more [detailed articles](#) or following [this informative podcast](#).